

2024-25

Annual Report

PEI RAPE AND SEXUAL ASSAULT CENTRE

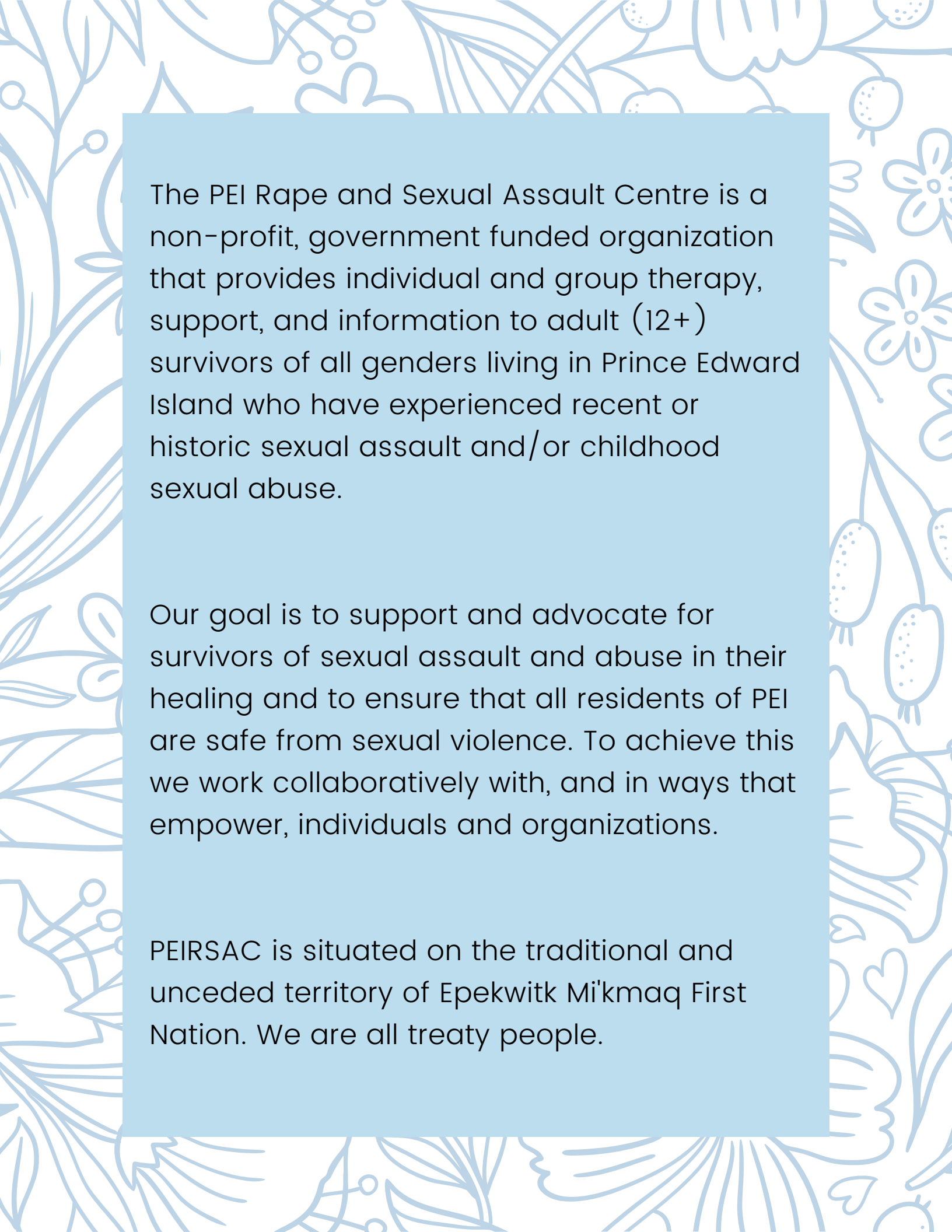


Prince Edward Island
rape and sexual assault
CENTRE

Healing. Empowerment. Prevention.

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Charlottetown PE
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902-566-1864
admin@peirsac.org
peirsac.org



The PEI Rape and Sexual Assault Centre is a non-profit, government funded organization that provides individual and group therapy, support, and information to adult (12+) survivors of all genders living in Prince Edward Island who have experienced recent or historic sexual assault and/or childhood sexual abuse.

Our goal is to support and advocate for survivors of sexual assault and abuse in their healing and to ensure that all residents of PEI are safe from sexual violence. To achieve this we work collaboratively with, and in ways that empower, individuals and organizations.

PEIRSAC is situated on the traditional and unceded territory of Epekwitk Mi'kmaq First Nation. We are all treaty people.

VISION AND MISSION STATEMENT

Vision: Our vision is a community where all people feel safe and are free from sexual abuse and sexual assault.

Mission: The mission of the PEI Rape and Sexual Assault Centre is to support survivors of sexual assault and abuse in their healing and to ensure that all people living in PEI are safe from sexual violence. In achieving this mission we work collaboratively with, and in ways that empower, individuals and organizations.

We believe that:

- Sexual assault and sexual abuse are crimes that involve control and power.
- Prevention of sexual abuse is everyone's responsibility. The community has a responsibility to support survivors in their healing and to work towards ending sexual violence.
- Sexual violence will continue until the root causes of violence against women and children are addressed.
- The impacts of sexual assault and childhood abuse permeate all of society
- The trauma of sexual assault and childhood sexual abuse can severely impact the quality of life for survivors.
- All survivors deserve access to services.
- Healing that results in long term enhanced quality of life takes time.
- Survivors have the right to receive the support they need to heal from abuse
- Ensuring confidentiality and respecting the choices of survivors are top priorities.
- Working collaboratively with the community is essential to address the needs of survivors.

Our Board

- Hannah Bell, Chair
- Isabelle Spinney, Secretary
- Amy McQuillan, Treasurer
- Rebekah Condon
- Taya Nabuurs
- Amber Wilson
- Brae Delaney-Smith

Our Staff

- Alyssa Coughlin
- Natalie MacFadyen
- Kate Dempsey
- Julia Parrott
- Katherine Thompson
- Ashmita Kadariya
- Noelle Galess
- Dee Miguel
- Candace Hagen
- Rachel Adams
- Kal Ross
- Kristine Crann
- Maddison Myers
- Kelly Peck

Thank
you

Board Chair's Message

Hannah Bell (She/Her)

On behalf of the Board of Directors for PEIRSAC, I am pleased to present the Chair's Report for the 2024 / 25 reporting period.

Operational Challenges and Successes

- Operational and Human Resource policies continue to be an ongoing project requiring significant internal and external resources.
- The new Client Navigator position and the associated intake process changes have had a very positive impact on client assessment, triage, and service navigation.
- The wait list continues to be of significant concern for funders and for staff overall.
- Captain Courage and the 7 C's is an excellent example of the unique educational programming that PEIRSAC develops and delivers within the mandate of the organization to the benefit of the community as a whole. It is critical that PEIRSAC and its funders continue to invest in and prioritize community engagement, education, and outreach as core activities.

Board of Directors

This Board is a governance Board, meaning its role is to determine and monitor strategic direction; build community connections; ensure fiduciary oversight; establish ethical standards and compliance; and support organizational health. It liaises with the Executive Director who has the delegated authority for all operational and management activities and decisions.

This year the Board welcomed a PEIRSAC staff representative, with Katherine Thompson joining Board meetings and bringing valuable context and perspective to Board discussions and decisions. We also welcomed new board member Brae Delaney-Smith.

Board Chair's Message

continued

The need for an updated strategic plan that reflects the current and future environment and challenges remains a priority for the Board, along with the completion of the suite of operational, human resource, and clinical policies that are necessary to provide structure to the organization for day to day operations.

My thanks to fellow Board members past and present; to Kelly Peck and Dee Miguel; and to all the dedicated and passionate staff at PEIRSAC for the critical work you do in and for our community. It is a privilege to serve.

Best regards

Hannah Bell MBA Chair of the Board of Directors

September 2025



Executive Director's Message

Sara Roach Leweis – she/her

This report covers the activities of the PEI Rape and Sexual Assault Centre for the 2024–25 fiscal year. I joined the organization as Interim Executive Director in June 2025, after this fiscal year had concluded. What follows are organizational highlights from the past year, drawn from program reports, board records, and staff contributions.

ORGANIZATIONAL HIGHLIGHTS

Clinical & Navigation Services

- Provided therapy services to 176 clients.
- Supported 25 clients through service navigation, ensuring survivors were connected to resources and supports tailored to their needs.

I want to pause here to recognize the extraordinary dedication of our clinical and service navigation teams. They show up every day with courage and compassion, walking alongside survivors through some of the most difficult times in their lives. Their commitment is not just to delivering services, but to creating safety, dignity, and possibility for every client who comes through our doors. Their work reflects the very best of feminist, trauma-informed practice.

Prevention & Education

The Prevention & Education team delivered a wide range of community programs and events throughout the year — from youth engagement to community-wide campaigns. A more detailed account of these initiatives will be provided in their dedicated report.

I also want to speak to the dedication and creativity of this team. They bring an unwavering commitment to their work, always focusing on consent, equity, and community care.

Executive Director's Message

continued

Their efforts spark important conversations, build resilience, and ensure that prevention and education are not an afterthought but a central part of how PEIRSAC advances its mission.

New Office Space

This year also marked an important milestone as the team settled into our new office space, intentionally designed as a trauma-informed environment. The space was created to be both healing and supportive — a place where survivors can feel safe and where staff can work in alignment with our values. It reflects our ongoing commitment to providing care in an environment that nurtures recovery and community connection.

Acknowledgements

The strength of PEIRSAC lies in its people. I want to acknowledge the dedication and commitment of the entire team — clinicians, navigators, educators, and support staff — who are deeply committed to supporting survivors and building a safer community. They bring not only professional expertise, but also compassion, creativity, and courage.

I also extend gratitude to our board of directors, volunteers, community partners, and funders, who each play a vital role in advancing our mission.

Looking Ahead

As we move into 2025–26, PEIRSAC is focused on transformation and growth.

Our priorities include:

- Restructuring our service delivery model to eliminate the waitlist and ensure timely, trauma-informed care.
- Strengthening our organizational foundation with sustainable systems and practices.

Executive Director's Message

continued

- Continuing to expand Prevention & Education programming, including the upcoming launch of the Captain Courage children's book.

These efforts will ensure that PEIRSAC continues to meet urgent needs while building for a sustainable and resilient future.

It is an honour to share this report on behalf of PEIRSAC. We move forward with determination and hope, carrying forward the spirit of dedication that defines this team and this organization.

Respectfully submitted,
Sara Roach Lewis
Interim Executive Director



Our Board Room Mural was painted by Kal Ross and Rachel Adams of the PnE Team

Let's take a look at some highlights from the Prevention and Education Team!

Tales of Stubble & Strength: A monologue Performance Uplifting Male Survivors of Sexual Assault

- 2 nights of performances and both were highly attended and praised.



Safer Spaces Support Tent at CBMF and Sommo Fest

- Attended both festivals as onsite support for Ripple Effect's Safer Spaces Tent. Also did all of the graphic design for promotional material and signage.



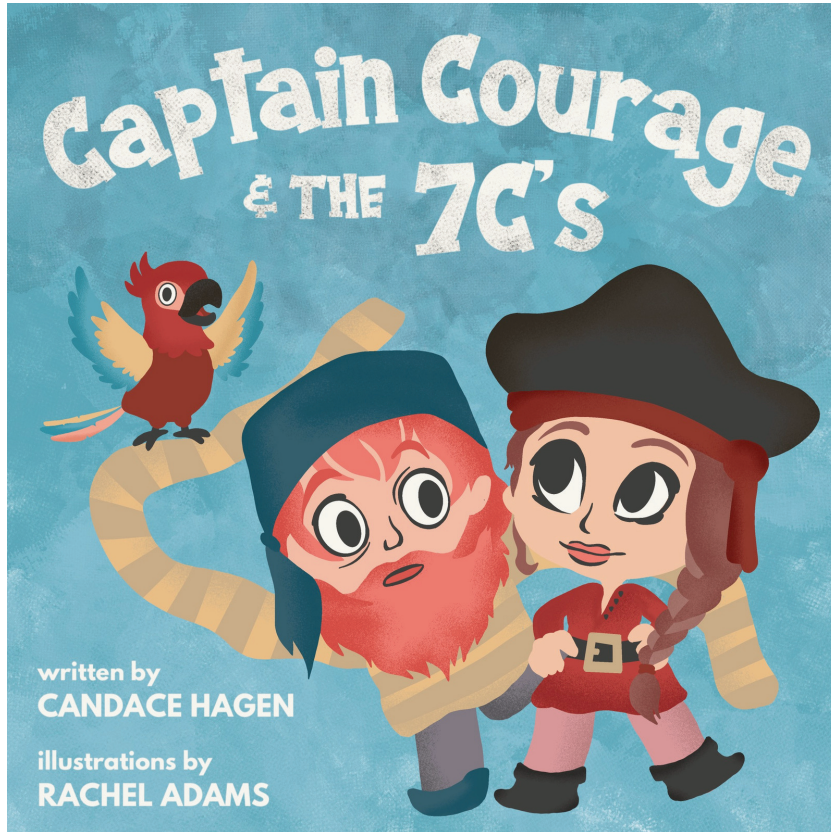
Sexual Assault Awareness Week 2024

- Included 8 events such as the Take Back The Night March, Responding to Disclosures workshop, and a Collage Workshop.
- 2 events had to be canceled due to circumstances outside of our control.
- Great feedback received on all events, especially the Responding to Disclosures, Interactive Twilight Screening, and Collage Workshop.



Captain Courage and the 7 C's of Resilience

- Toured schools across the Island and put on the play for K – grade 2.
- Very well received, teachers said it was the best play they've seen in decades of teaching. Funding to do another tour in the fall of 2025.
- It is being adapted into a children's book that will be published in the fall of 2025.



Kink & BDSM 101 "Date Night" by San Anbalagan and accompanied workbook.

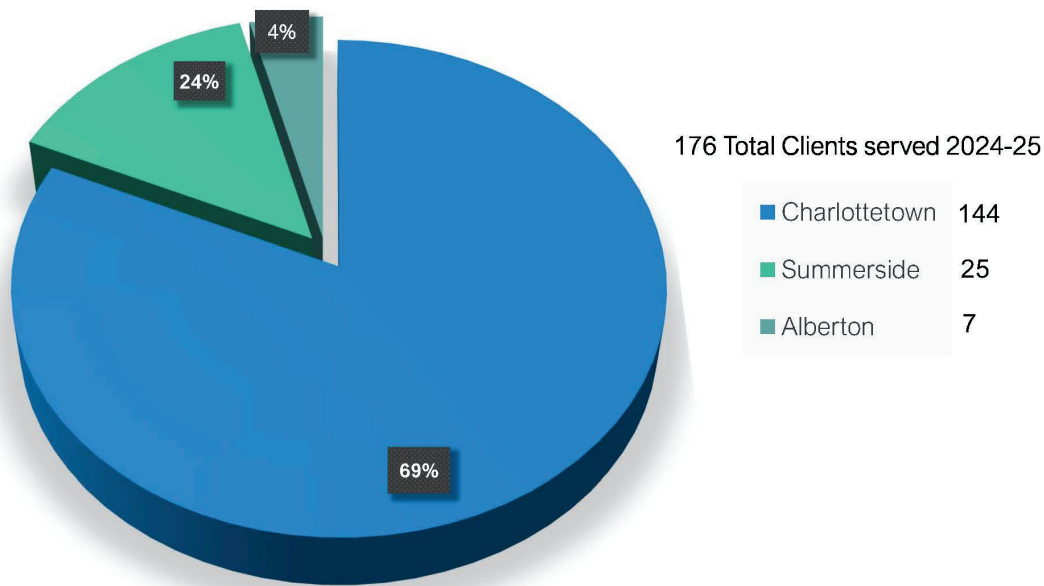
- Centred the importance of consent and negotiation in kink. Very well received.
- Event partnership with Pride PEI

Transformative Action: a training conference addressing racial injustice in GBV work.

- Conference took place in April 2025 but a steering committee met between June 2024 – April 2025. Committee included BIPOC staff/organizers with BCS, BIPOC USHR, NCPEI, and PEITN
- Around 80 people attended the conference. Significantly positive feedback received through post-event forms.

An overview of our 2024-25 Annual Statistics

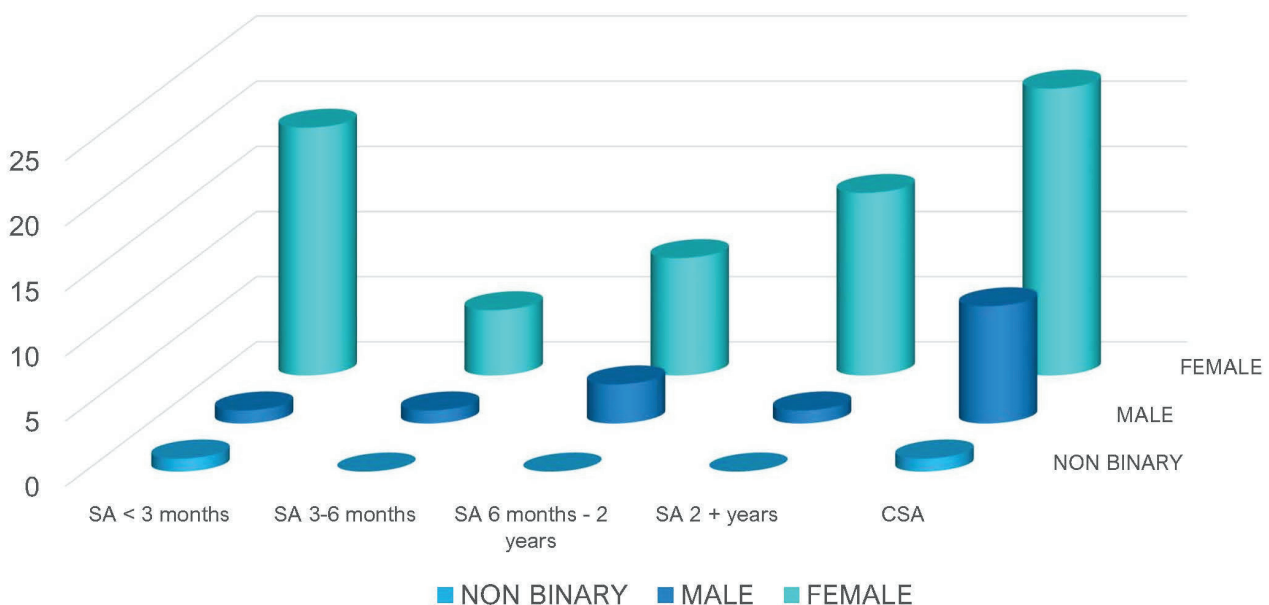
CLIENTS IN COUNSELLING BY OFFICE LOCATION



REQUESTS FOR COUNSELLING BY REASON AND GENDER

Total requests = 86

Female 69 (80%) Male 15 (18%) Nonbinary 2 (2%)

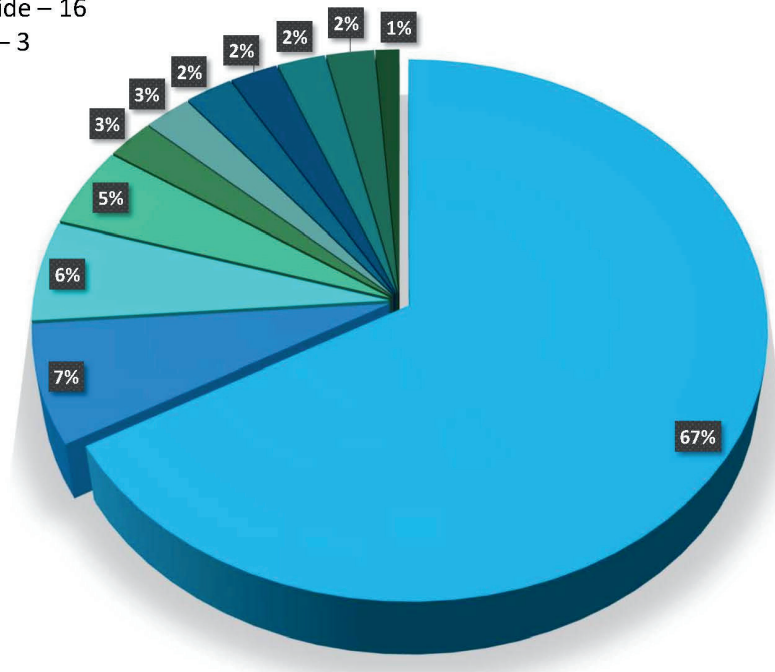


REQUESTS BY OFFICE

Charlottetown – 67

Summerside – 16

Alberton – 3



REFERALL SOURCE FOR NEW REQUESTS

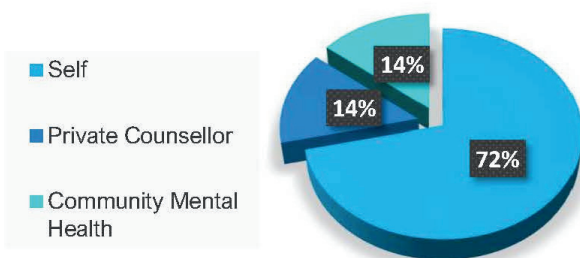
- Self Referral
- Private Counsellor
- Community Mental Health
- Health Care Provider
- Victim Services
- Child Protection
- Schools
- Addictions
- CLI/RISE
- Shelter Services
- Police/RCMP

MALE SURVIVORS GROUP

Phase 1: 11 participants

Check-in: 9 participants

REFERRALS BY SOURCE



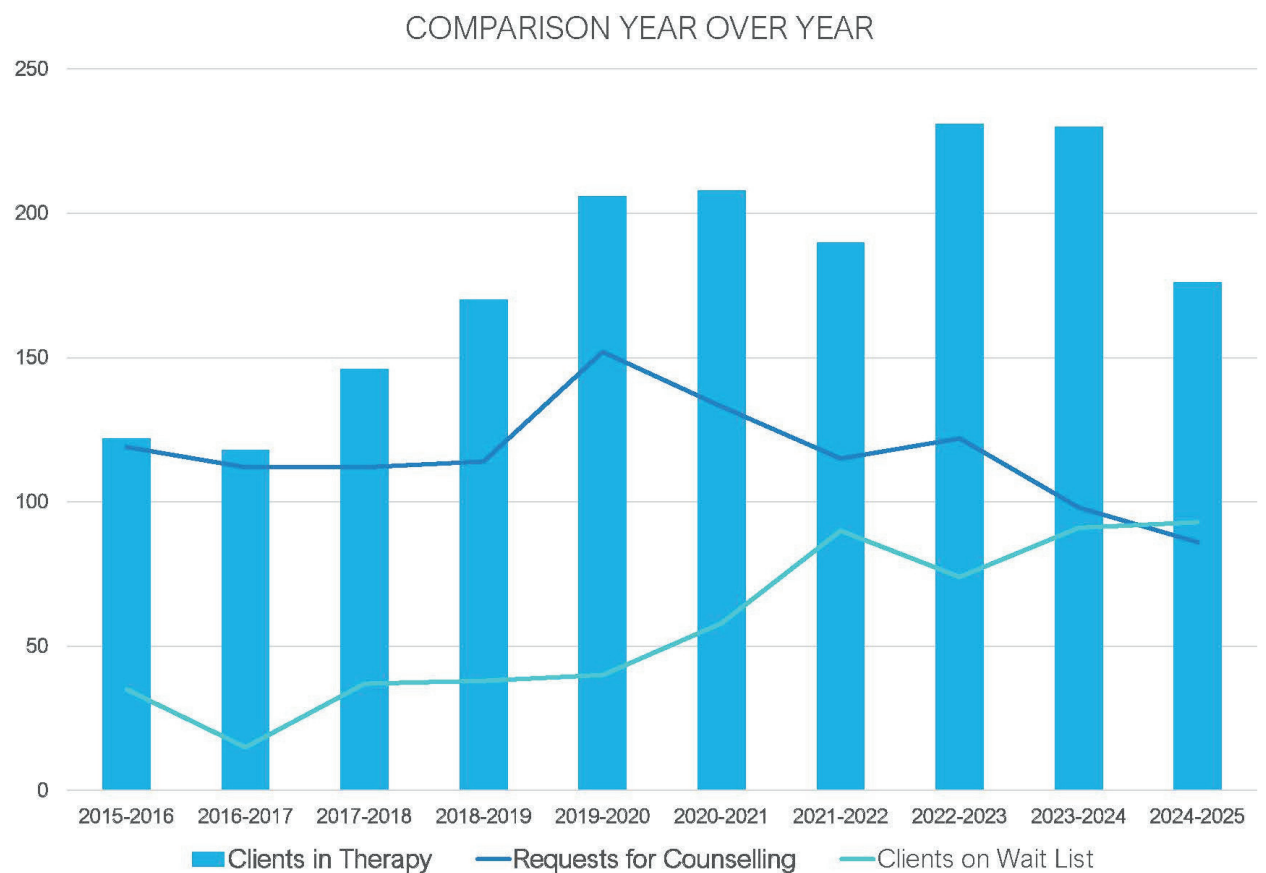
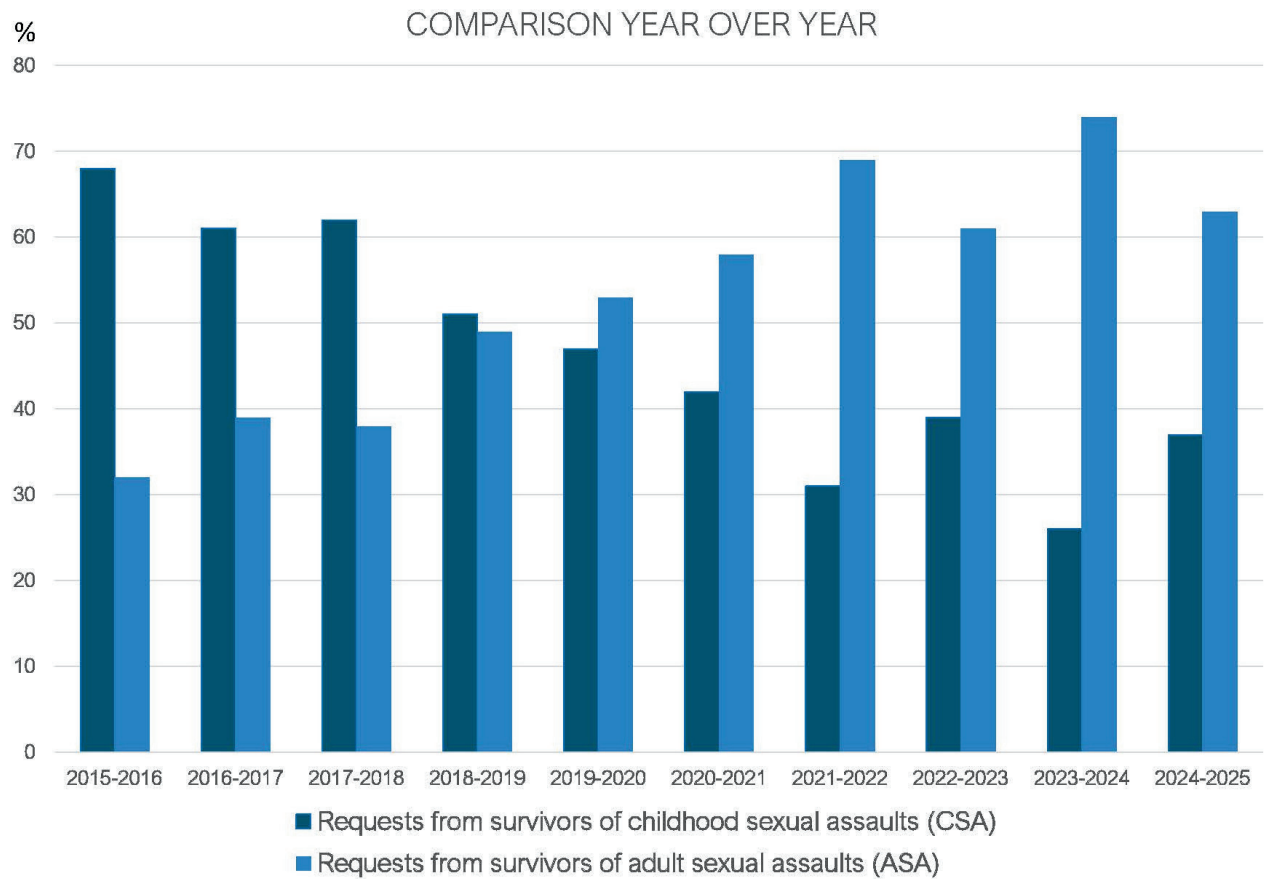
TOTAL REQUESTS: 7

REASONS FOR REQUESTS

SA 6 mths – 2 yrs: 1

SA over 2 yrs: 2

CSA: 4



2024 PEI Rape and Sexual Assault Centre AGM Minutes

DATE: Sept 16, 2024

IN ATTENDANCE:

Kelly Peck, Dee Miguel, Alyssa Coghlin, Kat Thompson, Lorna Gallant, Candace Hagen, Rachel Adams, Kal Ross, Hannah Bell, Amy McQuillan, Isabelle Spinney, Rebekah Condon, Amber Wilson, Taya Nabuurs, Michelle Harris Genge, Tara Wheeler (ACBE)

REGRETS:

Kate Dempsey, Julia Parrot, Kristine Carr, Natalie MacFadyen, Tamara Steele, Jillian Kilfoil

1. Dee Miguel called the Annual General Meeting to order.
 - a. Motion to approve 2024 AGM business agenda.
 - i. Hannah Bell moves to approve.
 - ii. Rebekah Condon seconds the motion.
 - iii. Consensus approval.
 - b. Motion to approve 2023 AGM minutes.
 - i. Isabelle Spinney moves to approve.
 - ii. Amy McQuillan seconds the motion.
 - iii. Consensus approval.
2. Presentation of Auditor's report for 2023/2024 fiscal year by Tara Wheeler (A.B.C.E.)
 - i. Hannah Bell raised a question about deferred funds, Tara explained. No further questions.
 - ii. Hannah Bell raised questions about appointment of the auditor, how long was the agreement to work together, when do we resign/renegotiate rates. Tara explained there is a new engagement letter signed every year. No further questions.
 - a. Motion to approve draft audited financial statement as presented.
 - i. Amy McQuillan moves to approve.
 - ii. Isabelle Spinney seconds the motion.
 - iii. Consensus approval.
 - b. Motion to appoint A.B.C.E as auditor for 2023/2024 fiscal year.
 - i. Amy McQuillan moves to approve.
 - ii. Isabelle Spinney seconds the motion.
 - iii. Consensus Approval
3. Presentation of Nominating Committee's report
 - a. Motion to approve the slate of persons named and presented to serve on the Board of Directors for 2024-2025
 - i. Isabelle Spinney moves to approve.
 - ii. Rebekah Condon seconds the motion.
 - iii. Consensus Approval.

Meeting adjourned

NOMINATING COMMITTEE REPORT 2025-26

Within the past year, the volunteer PEIRSAC Board of Directors have had the privilege to be joined by new members offering new perspectives and experience as well as the continued support of several members entering their second terms. The following names will be submitted to serve as members of the PEIRSAC Board of Directors for 2025 – 2026:

- Amy McQuillan to serve the first year of a second two-year term
- Hannah Bell to serve the first year of a second two-year term
- Rebekah Condon to serve the first year of a second two-year term
- Amber Wilson to serve the second year of a first two-year term
- Taya Nabuurs to serve the second year of a first two-year term
- Brae Delaney-Smith to serve the first year of a first two-year term
- Katherine Thompson to serve as PEIRSAC staff member representative

To our funders, grant-givers, and donors:

*Thank
you!*

SPECIAL THANKS TO



Interministerial
Women's Secretariat



Femmes et Égalité
des genres Canada

Women and Gender
Equality Canada



Premier's Action Committee
on Family Violence Prevention



BIPOC
USHR



Women's Network PEI



PEERS
ALLIANCE

PREVENT. EDUCATE. EMPOWER. RESPECT. SUPPORT.



Black Cultural Societ
of Prince Edward Island



Aboriginal Women's
Association of PEI