

SCHEDULE

DAY 1 - April 24, 2025

Time	Location	Session
8:30 - 9:00	Lobby	Registration / Check-In
9:00 - 9:30	Main Room	Opening Ceremony
9:30 - 10:45	Main Room	Being Brave: Recognizing and Challenging White Supremacy and White Privilege
10:45 - 11:00	Lobby	Break
11:00 - 12:30	Main Room	Being Brave (cont.)
12:30 - 1:30	The Oval	Lunch
1:30 - 3:00	Breakout Room 1	Practical Tools for Supporting Racialized 2SLGBTQIA+ Clients
	Breakout Room 2	Combatting Islamophobia: Building Allyship Workshop (Part 1)
	Breakout Room 3	Bridging the Gaps - Closed-Space Gathering Session for BIPOC Attendees
3:00 - 3:30	Lobby	Break
3:30 - 5:00	Breakout Room 1	Misogynoir in Canada - Insights from Black Survivors and Advocates
	Breakout Room 2	Combatting Islamophobia (Part 2)
	Breakout Room 3	Bridging the Gaps - Closed-Space Gathering Session for BIPOC Attendees (cont.)
6:00 - 8:00	Eptek Art & Culture Centre	"Finding Your Voice" - A Night of Poetry with El Jones (closed space event with limited seats - see session descriptions)
7:00 - 8:30	Breakout Room 1	Drop-In Arts & Crafts

DAY 2 - April 25, 2025

Time	Location	Session
8:30 - 9:00	Lobby	Check-In
9:00 - 10:30	Breakout Room 1	Advanced Strategies in Anti-Racist Psychotherapy: The Rhythm and Processing (RAP) Technique (Part 1)
	Breakout Room 2	Turning the "What?" Into "Now What?" - Closed-Space Gathering Session for BIPOC Attendees
	Breakout Room 3	"Healing the Healers, Caring for Carers"
10:30 - 11:00	Lobby	Break
11:00 - 12:30	Breakout Room 1	Advanced Strategies in Anti-Racist Psychotherapy: The Rhythm and Processing (RAP) Technique (Part 2)
	Breakout Room 2	Education & Self-Reflection Focused Drop-In
	Breakout Room 3	Participatory Action Research on GBV - Sharing Circle for Black Survivors & Advocates
12:30 - 1:30	The Oval	Lunch
1:30 - 2:00	Main Room	Conversation with Candice Shaw of ESVA Canada
2:00 - 3:00	Main Room	Panel Discussion: Culture, Healing & Indigenous Perspectives on GBV
3:00 - 3:30	Lobby	Break
3:30 - 4:30	Main Room	Keynote Address from Dr. El Jones
4:30 - 5:00	Main Room	Closing Ceremony

SESSION DESCRIPTIONS

DAY 1 – April 24, 2025

Being Brave: Recognizing and Challenging White Supremacy and White Privilege

Hosted by staff at BIPOC USHR

In this session, participants will be engaged in discussions on white privilege in the context of white supremacy and colonization, understanding racial trauma and how it is perpetuated, conversations on intersectionality and how various marginalized identities (e.g., gender, ability, class, sexual orientation, etc.) intersect to create unique experiences of oppression, and an exploration of ways to reduce unconscious bias and white privilege. The workshop will be highly interactive and participants are asked to be open to challenging their own ways of thinking. As facilitators we promise to give participants space, within reason, to explore difficult questions and concepts. (Note: This does not include the space to debate anyone's human rights or humanity).

Combatting Islamophobia: Building Allyship Workshop

Hosted by staff at BIPOC USHR

This session will examine structural, institutional, interpersonal, and internalized Islamophobia in both the Canadian and global context, including the impact of Islamophobia on Muslims. Participants will be guided through activities to help them uncover their unconscious biases and to recognize and confront Islamophobic microaggressions. Participants will also learn to recognize Islamophobia at the ideological and institutional levels along with some strategies to challenge these dimensions of Islamophobia.

“Bridging the Gaps”

Closed-Space Gathering Session for BIPOC Attendees

Session focused on intentionally exploring and interpreting the unspoken cues that can help us address racial injustice in GBV. Interactive and dynamic, the session holds elements of group discussion, and experience-based knowledge sharing.

Practical Tools for Supporting Racialized 2SLGBTQIA+ Clients

Hosted by Tenniel Brown, BA, MSW, RSW

Training session focused on anti-oppressive and trauma-informed tools to use when supporting racialized 2SLGBTQIA+ clients. Participants will leave with skills to define and identify examples of resilience and resistance in the racialized 2SLGBTQI+ community, a deeper understanding of the benefits of culturally relevant anti-oppressive and trauma informed tools, and practical strategies to apply trauma informed tools to support marginalized clients.

www.brownsconsulting.com

Misogynoir in Canada: Insights from Black Survivors & Advocates

Hosted by Sonya Boyce and Tarah Paul of WomenatthecentrE

In this workshop directed at service providers, we will share data gathered from pan-canadian community-based research, sharing themes and highlights shared by Black survivors and Black advocates regarding GBV and support services. There will also be a screening of a short documentary, a Q&A, and best practices shared for moving forward.

www.womenatthecentre.com

“Finding Your Voice”: A Night of Poetry with El Jones

This is a closed-space workshop that is open to members of the public, aged 16+, who are BIPOC survivors of GBV or their BIPOC advocates and allies. It will occur from 6–8pm at the Eptek Art & Culture Centre. Seating is limited, and registration is required:



linktr.ee/peirsac

“In The Making”: Drop-In Collaging

Decompress after the day of deep (un)learning by joining PEIRSAC staff for a relaxed evening of collaging. Cut, paste, and connect with other attendees in a low-pressure environment. All supplies will be provided, and past experience with collaging is not needed! Tea and coffee will be provided.

SESSION DESCRIPTIONS

DAY 2 – April 25, 2025

Keynote Address from Dr. El Jones

El Jones is a poet, journalist, professor, author, and activist living in Halifax, Nova Scotia. She teaches at Mount Saint Vincent University, where she was named the 15th Nancy's Chair in Women's Studies in 2017. She was Halifax's Poet Laureate from 2013 to 2015. She is the author of *Live from the Afrikan Resistance!* and *Abolitionist Intimacies*. Her work focuses on social justice issues, such as feminism, prison abolition, anti-racism and decolonization. Since 2016, she has co-hosted a radio show called Black Power Hour, on CKDU-FM where listeners from prisons call in to rap and read their poetry, providing a voice to people who rarely get a wide audience.

Participatory Action Research on GBV – Sharing Circle Closed-Space for Black Survivors & Advocates

Hosted by Sonya Boyce and Tarah Paul of WomenatthecentrE

In this sharing circle, we will share data gathered from pan-canadian community-based research, sharing themes and highlights shared by Black survivors and Black advocates regarding GBV and support services. There will also be a screening of a short documentary, a Q&A, and best practices shared for moving forward.

www.womenatthecentre.com

Advanced Strategies in Anti-Racist Psychotherapy: The Rhythm and Processing (RAP) Technique

Hosted by David Archer, PSW, MFT, MSW

An in-depth workshop for clinicians where participants will learn a brief summary of memory reconsolidation and complex racial trauma, how to identify and assess dissociation and complex trauma symptoms in GBV contexts, hands-on experiential learning with RAP technique for complex cases, and group self-care practice with resource integration techniques. Participants will acquire actionable tools to enhance their therapeutic effectiveness, especially when working with racially diverse survivors of sexual and gender-based violence.

www.archertherapy.com

“Healing the Healers, Caring for Carers”

Hosted by Rainer Ward (Mi'kmaq 2Spirit N'kem), Addictions Counsellor & Cultural Coordinator from Metepenagiag First Nation

Rainier will be facilitating a healing circle consisting of the cedar medicine and a forgiveness ceremony. The ceremony is to help individuals let go of things that they've been carrying, things that no longer serve them. To accept the things they cannot change, and begin to find the courage to change the things they can, and let go of the things that were never there to carry. The ceremony involves Sacred medicine work, Drumming and song, And a little vulnerability. Rainier encourages anyone who wishes to participate to arrive with an open heart, A willingness to support their fellow attendees And no expectations.

Turning the “What?” Into “Now What?”

Closed-Space Gathering Session for BIPOC Attendees

After finding the visible gaps and bridging pathways in yesterday’s gathering session, today’s session will explore the implementation of tangible actions and initiatives to continue better supporting BIPOC survivors.

Education & Self Reflection–Focused Drop-In

This drop-in space is open to all attendees. It will be focused on quiet, independent reflection, and you will be able to access resources, journal prompts, and more. It will be an intentional space to dive deeper into topics and to reflect on what you have learned thus far at Transformative Action.

Panel Discussion: Culture, Healing & Indigenous Perspectives on GBV

Hosted by staff from the Native Council of PEI

This panel centres Indigenous voices, healing practices, and cultural knowledge in responding to gender-based violence (GBV). Panelists will discuss their journey with healing and culture, cultural practices and teachings that have helped guide their work with themselves and others, Indigenous perspectives on wellness as they compare to Western models, and more. Attendees will leave with insights on what it looks like to truly show up for Two-Spirit or Indigenous folks impacted by GBV, while also addressing ongoing challenges that survivors have faced while accessing or trying to access services.